



Career Transition Programme

Your transition starts with a 3 hour coaching session giving you the reflection space you need to gain clarity on your key deliverables

By the end of the session, you will have:

- Reflected on your goals & planned your business priorities for the first 12 months
- Identified & understood your key development areas and created a plan for addressing them as you develop in your new role
- Understood who your key stakeholders are how you need to engage with them & a plan to successfully secure their buy in
- Reflected on the strengths and development areas of your team & have a strategy in place for building their capabilities
- Examined your leadership brand, communication approach & have a strategy to maximise these

4 follow up coaching sessions to support you through your first 100 days

They are there to support you, keep you focused, and provide additional resources where appropriate. You might have specific meetings or projects or presentations you need to work on and this is where coaching can support you. It is recommended that the follow up coaching sessions are monthly, however, they can be utilized as and when you need them.

You also have access to phone and email support in between coaching sessions

The other benefit of the career transition programme is that you have phone and email support in between sessions. We recognise that during this busy transition for you, sometimes you need a sounding board before you next coaching session.

“Taking on the team leadership position was challenging, especially as I’m now managing people who were my peers, many of whom are older and more experienced than me. The transition coaching programme gave me exactly what I needed; support, confidence & a clear plan that means I have achieved my goals.”